

IT'S TIME FOR A FLU SHOT AGAIN!

Seniors (60 years and older), people with heart disease, diabetes or other chronic illnesses need a flu shot every year! Pregnant women, health care workers, household contacts and caregivers of children aged <6 months need flu shots too!

The San Bernardino County Department of Public Health Immunization Program sponsors low cost flu clinics throughout the county. Shots are \$5.00. Questions? Call the Public Health Department at

1-800-722-4794Desert Schedule 2006

Victor Valley Public Health 16453 Bear Valley Rd., Hesperia Monday, October 23, 2006 9:00 - 11:00 AM

Trona Community Senior Ctr 13187 Market Street, Trona Tuesday, October 24, 2006 10:00 AM- Noon

Bonnie Baker Center (Big River) 149350 Ukiah Trail, Big River Monday, October 30, 2006 10:00 - Noon (CA Time)

Joshua Tree Community Center 6171 Sunburst Rd., Joshua Tree Tuesday, October 31, 2006 9:00 - 10:30 AM

Fire Department Friendship Hall 148808 Havasu Lake Rd., Lake Havasu Tuesday, October 31, 2006 10:00 - 11:00 AM Yucca Valley Elks Lodge 55946 Yucca Trail, Yucca Valley Tuesday, October 31, 2006 1:30 - 3:30 PM

Needles Senior Center 1699 Bailey Ave., Needles Tuesday, October 31, 2006 1:30 - 3:30 PM

Phelan Community Center 9463 Sheepcreek Rd., Phelan Wednesday, November 1, 2006 9:00 - 11:00 AM

Barstow Public Health Center 303 East Mt. View, Barstow Wednesday, November 1, 2006 1:30 - 3:30 PM

Lucerne Valley Senior Center 10431 Allen Way, Lucerne Valley Wednesday, November 8, 2006 9:00 - 11:00 AM